

Name: _____ Date: _____

DOB: _____ Age: _____

Medical History - to be completed by jockey

YES / NO

- Head or spinal injuries
- Seizures, fits, convulsions, or fainting
- Extensive confinement by illness or injury
- Cardiovascular disease
- Tuberculosis
- Diabetes
- Gastrointestinal ulcer
- Chest pain or trouble breathing

YES / NO

- Nervous stomach
- Rheumatic fever
- Asthma
- Kidney disease
- Muscular disease
- Psychiatric disorder
- Other nervous disorders

Physical Examination - To be completed by health care professional

Height: _____ **Weight:** _____ **BP:** _____ / _____ **Pulse:** _____

Hearing: Good Poor **Vision Both Eyes:** _____ / _____ Uncorrected Corrected

Urine: Spec. Gr. _____ Protein _____ Sugar _____

YES / NO

- General: Well appearing, well nourished, in no distress
- Skin: Good turgor, no rash or prominent lesions
- Eyes: Visual acuity intact, conjunctiva clear, sclera non-icteric, EOM intact, PERRL
- Ears: TM's translucent; hearing grossly intact
- Mouth: Mucous membranes moist, no mucosal lesions
- Teeth/Gums: No obvious caries or periodontal disease
- Pharynx: Mucosa non-inflamed, no tonsillar hypertrophy or exudate
- Neck: Supple, no adenopathy
- Heart: Regular rate and rhythm, no murmur or gallop
- Lungs: Clear to auscultation
- Abdomen: No tenderness, organomegaly, masses, or hernia
- Back: Spine normal without deformity or tenderness, no CVA tenderness
- GU: Testes normal size without masses, no inguinal hernias
- Extremities: No deformities, cyanosis, edema
- Musculoskeletal: Normal gait and station. No misalignment, asymmetry, crepitation, defects, tenderness, masses, effusions, decreased range of motion, instability, atrophy, or abnormal strength or tone in the head, neck, spine, ribs, pelvis, or extremities
- Lymphatics: No lymphadenopathy in cervical, axillary, or inguinal areas
- Extremities: No deformities, cyanosis, edema
- Psychiatric: Apparently normal mood and affect
- Neurological: Romberg Negative
- Person examined is physically suitable for work as a jockey

Examined by: _____